



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.cdphp.com](http://www.cdphp.com) or by calling 1-877-269-2134

Important Questions	Answers	Why this Matters:
What is the overall deductible?	In-Network: <b>\$1,000</b> individual/ <b>\$2,500</b> family. Out-of-Network: <b>\$1,000</b> individual/ <b>\$2,500</b> family. Deductible does not apply to preventive care, certain diabetic services, and prescription drugs.	You must pay all the costs up to the <b>deductible</b> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <b>deductible</b> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b> .
Are there other deductibles for specific services?	No.	You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes. In-Network <b>\$1,500</b> individual/ <b>\$3,750</b> family. Out-of-Network <b>\$3,000</b> individual/ <b>\$7,500</b> family.	The <b>out-of-pocket limit</b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.
Does this plan use a network of providers?	Yes. See <a href="http://www.cdphp.com">www.cdphp.com</a> or call 1-877-269-2134 for a list of participating providers.	If you use an in-network doctor or health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a <b>specialist</b> .	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See our policy or plan document for additional information about <b>excluded services</b> .

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If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at [www.cdphp.com](http://www.cdphp.com) or call 1-877-269-2134.



- **Co-payments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Co-insurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **co-insurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use In-network **providers** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.

Common Medical Event	Services You May Need	Your cost		Limitations & Exceptions
		In-network	Out-of-network	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 co-pay/visit	30% co-insurance	None.
	Specialist visit	\$20 co-pay/visit	30% co-insurance	None.
	Other practitioner office visit	\$20 co-pay/visit for chiropractor and acupuncture	30% co-insurance for chiropractor and acupuncture	Acupuncture is limited to emesis developing after surgery or chemotherapy in adults, or persistent nausea associated with pregnancy.
	Preventive care/screening/immunization	No Charge	30% co-insurance	None.
If you have a test	Diagnostic test (x-ray, blood work)	\$20 co-pay/visit	30% co-insurance	Deductible does not apply and Copayment waived if performed at a designated laboratory/preferred center.
	Imaging (CT/PET scans, MRIs)	\$20 co-pay/visit	30% co-insurance	Deductible does not apply and Copayment waived if performed at a preferred center. When services are out-of-network and you do not secure authorization before receiving care, you can be held responsible for an additional payment of 50% of the allowed amount, up to \$500 per service, in addition to your usual cost-share.

Common Medical Event	Services You May Need	Your cost		Limitations & Exceptions
		In-network	Out-of-network	
<b>If you need drugs to treat your illness or condition</b>  More information about prescription drug coverage is available at <a href="http://www.cdphp.com/Members/Rx-Corner">http://www.cdphp.com/Members/Rx-Corner</a>	Tier 1 drugs	Retail: \$4 copay Mail-Order: \$10 copay	Not Covered	Member coinsurance cost-share for Tier 2 and Tier 3 drugs not to exceed \$100 per 30-day supply. Covers up to a 30-day supply (retail prescription); 90 day supply (mail order prescription) Prescriptions must be written by a duly licensed health care provider and filled at a participating pharmacy, unless otherwise authorized in advance by CDPHP. Specialty drugs are not eligible for the mail order program and require preauthorization to be obtained through CDPHP's participating specialty vendors.
	Tier 2 drugs	Retail: 50% co-insurance Mail-Order: 50% co-insurance	Not Covered	
	Tier 3 drugs	Retail: 50% co-insurance Mail-Order: 50% co-insurance	Not Covered	
	Specialty drugs	Retail: \$4 copay/50% co-insurance/50% co-insurance	Not Covered	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	20% co-insurance	30% co-insurance	You may have reduced cost share for preferred ambulatory surgery centers.
	Physician/surgeon fees	No Charge	30% co-insurance	None.
<b>If you need immediate medical attention</b>	Emergency room services	20% co-insurance	20% co-insurance	All Emergency Care is considered In-Network.
	Emergency medical transportation	20% co-insurance	20% co-insurance	All Emergency Care is considered In-Network.
	Urgent care	\$30 co-pay/visit	\$30 co-pay/visit	None.

Common Medical Event	Services You May Need	Your cost		Limitations & Exceptions
		In-network	Out-of-network	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% co-insurance	30% co-insurance	When services are out-of-network and you do not secure authorization before receiving care, you can be held responsible for an additional payment of 50% of the allowed amount, up to \$500 per service, in addition to your usual cost-share.
	Physician/surgeon fee	No Charge	30% co-insurance	None.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$20 co-pay/visit	30% co-insurance	None.
	Mental/Behavioral health inpatient services	20% co-insurance	30% co-insurance	None.
	Substance use disorder outpatient services	\$20 co-pay/visit	30% co-insurance	None.
	Substance use disorder inpatient services	20% co-insurance	30% co-insurance	None.
If you are pregnant	Prenatal and postnatal care	No Charge	30% co-insurance	None.
	Delivery and all inpatient services	20% co-insurance	30% co-insurance	None.
	Home health care	20% co-insurance	25% co-insurance	Deductible not to exceed \$50. If you do not secure authorization before receiving care, you can be held responsible for an additional payment of 50% of the allowed amount, up to \$500 per service, in addition to your usual cost-share.
	Rehabilitation services	20% co-insurance	30% co-insurance	Limited to 60 days inpatient physical rehabilitation per benefit period. If you do not secure authorization before receiving care, you can be held responsible for an additional payment of 50% of the allowed amount, up to \$500 per service, in addition to your usual cost-share.

Common Medical Event	Services You May Need	Your cost		Limitations & Exceptions
		In-network	Out-of-network	
<b>If you need help recovering or have other special health needs</b>	Habilitation services	\$20 co-pay/visit	30% co-insurance	Limited to coverage for Applied Behavioral Analysis when necessary for the treatment of Autism Spectrum Disorder. All contract limits and provisions for managed benefits apply.
	Skilled nursing care	20% co-insurance	30% co-insurance	Limited to 45 days per benefit period. If you do not secure authorization before receiving care, you can be held responsible for an additional payment of 50% of the allowed amount, up to \$500 per service, in addition to your usual cost-share.
	Durable medical equipment	20% co-insurance	Not Covered	Limited to a \$25,000 lifetime maximum. Durable medical equipment that is rented, repaired, replaced or costs more than \$500 requires you to secure authorization before receiving care, otherwise you can be held responsible for an additional payment of 50% of the allowed amount, up to \$500 per service, in addition to your usual cost-share.
	Hospice service	20% co-insurance	30% co-insurance	Limited to 210 days combined Inpatient and Outpatient.
<b>If your child needs dental or eye care</b>	Eye exam	\$20 co-pay/visit	30% co-insurance	One routine eye exam is covered once per benefit period.
	Glasses	Not Covered after plan allowance	Not Covered after plan allowance	CDPHP will pay up to the following amount - Frames and Lenses, \$75. Contact Lenses, \$75. One pair of frames and lenses or contact lenses is allowed once per benefit period.
	Dental check-up	Not Covered	Not Covered	Preventive Dental is not covered under your medical benefits.

## Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic surgery
- Dental care (Adult)
- Dental checkup
- Glasses
- Hearing aids
- Long term care
- Private-duty nursing
- Routine foot care
- Weight loss programs

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture (Limits Apply)
- Bariatric surgery (Limits Apply)
- Chiropractic care
- Infertility treatment (21-44 years old)
- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)

## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-877-269-2134.

You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact 1-877-269-2134 . You can also contact the State Department of Financial Services at 1-800-342-3736 or visit [www.dfs.ny.gov](http://www.dfs.ny.gov)

Additionally, a consumer assistance program can help you file your appeal. Contact 1-(888)-614-5400 or visit <http://www.communityhealthadvocates.org> .

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage meets the minimum value standard for the benefits it provides.**



## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

**Estimate how much doctors and dentists in your area charge for services**

[www.fairhealthconsumer.org](http://www.fairhealthconsumer.org)

**FAIR HEALTH**

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays : \$6,040
- Patient pays : \$1,500

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$871
Co-pays	\$42
Co-insurance	\$587
Limits or exclusions	\$0
<b>Total</b>	<b>\$1,500</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays : \$4,400
- Patient pays : \$1,000

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$0
Co-pays	\$1,000
Co-insurance	\$0
Limits or exclusions	\$0
<b>Total</b>	<b>\$1,000</b>



## Questions and answers about the Coverage Examples:

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### What are some of the assumptions behind the Coverage Examples?

Costs don't include **premiums**.

Sample care costs are based on national averages supplied by the U.S.

Department of Health and Human Services, and aren't specific to a particular geographic area or health plan. The patient's condition was not an excluded or preexisting condition.

All services and treatments started and ended in the same coverage period.

There are no other medical expenses for any member covered under this plan.

Out-of-pocket expenses are based only on treating the condition in the example.

The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

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### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **co-payments**, and **co-insurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

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### Does the Coverage Example predict my own care needs?

**No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

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### Does the Coverage Example predict my future expenses?

**No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

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### Can I use Coverage Examples to compare plans?

**Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

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### Are there other costs I should consider when comparing plans?

**Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **co-payments**, **deductibles**, and **co-insurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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