



# CDPHP® Preventive Drug List

## The Preventive Drug List & High Deductible Plans

While high deductibles may give members more control over their health care dollars, they can also make some members hesitant to maintain the preventive medications that are sometimes necessary for good health. So, CDPHP developed the CDPHP Preventive Drug List, a list of medications that are not subject to the deductible with most High Deductible plans.\* Examples of qualifying drugs are listed below.

High Deductible plans typically provide benefits only after the deductible has been met, but Federal regulations allow “safe harbor coverage” for qualifying preventive medications, allowing them to be exempt from the deductible. The preventive safe harbor does not include any drug or medication used to treat an existing illness, injury or condition.

### CDPHP® Preventive Drug Examples

<b>ANTICONVULSANT (SEIZURE)</b>	<b>BLOOD THINNER</b>	<b>DENTAL CAVITY PREVENTION</b>	<b>OSTEOPOROSIS</b>
LEVETIRACETAM	WARFARIN	MULTI VITAMINS- FLUORIDE	<b>ALENDRONATE</b>
PHENOBARBITAL	<b>BLOOD THINNER/ ANTIPLATELET</b>	SODIUM FLUORIDE	IBANDRONATE
PHENYTOIN	CLOPIDOGREL	<b>DIABETES</b>	<b>RESPIRATORY</b>
ZONISAMIDE	<b>CHOLESTEROL AND TRIGLYCERIDE LOWERING</b>	<b>GLIPIZIDE</b>	ADVAIR
<b>BLOOD PRESSURE AND HEART DISEASE</b>	<b>ATORVASTATIN</b>	HUMALOG	FLOVENT HFA
<b>AMLODIPINE BESYLATE</b>	<b>PRAVASTATIN</b>	JANUVIA	MONTELUKAST
<b>ATENOLOL</b>	<b>SIMVASTATIN</b>	<b>METFORMIN</b>	<b>SMOKING CESSATION</b>
<b>ENALAPRIL</b>	ZETIA	<b>DIURETICS (WATER PILLS)</b>	CHANTIX
<b>LISINAPRIL</b>		<b>CHLORTHALIDONE</b>	NICOTINE TRANSDERMAL
<b>LOSARTAN</b>		<b>FUROSEMIDE</b>	<b>WEIGHT LOSS</b>
<b>METOPROLOL</b>		<b>HYDROCHLOROTHIAZIDE</b>	PHENTERMINE
			XENICAL

For a complete list of qualifying preventive drugs, check your formulary in Rx Corner at [www.cdphp.com](http://www.cdphp.com). Drugs that qualify will have the indicator “PD” shown in the listing.

*Highlighted medications are part of the CDPHP Rx for Less program.  
Products on this list must be obtained at a network pharmacy in order to bypass the deductibles.*

\* Does not apply to the standard bronze plan for small groups and individuals, or individual catastrophic plans.

How was the CDPHP Preventive Drug List developed?

The CDPHP Preventive Drug List is made up of medications that CDPHP, guided by our Clinical Pharmacy department, has determined may prevent the onset of a disease or condition when taken by a person who has developed risk factors for the disease or condition that has not yet manifested itself or has not become clinically apparent, or may prevent the recurrence of a disease or condition from which a person has recovered.

Other Guidelines for the CDPHP Preventive Drug List

Medications on the CDPHP Preventive Drug List are subject to formulary and tier status, as well as pharmacy management programs such as prior authorization, step therapy and/or quantity limits. For more detailed information about coverage and tier information, refer to the prescription drug formulary information online at [www.cdphp.com](http://www.cdphp.com).

This is not a guarantee of coverage. To verify your benefits, limitations, and exclusions, please check your contract and formulary. The CDPHP Preventive Drug List is subject to change based on decisions made by the CDPHP Clinical Pharmacy department.

For more information, contact the member services department at the phone number listed on the back of your identification card.

Save even more: 100 pills for as little as \$1

All of the highlighted prescriptions in the Preventive Drug list are part of the CDPHP Rx for Less program, an offering for all CDPHP members with a prescription rider. The program gives you a deep discount on specified generic drugs when purchased at CVS, Walmart, or Price Chopper, beating the prices of many other drug club programs by 90%! Visit [www.cdphp.com](http://www.cdphp.com) for a full list of drugs in the Rx for Less program.

A Note About Health Reimbursement Arrangements (HRAs)

If your employer offers an HRA that reimburses your medical deductible only, please keep in mind that the Preventive Drugs are carved out of your medical deductible so you will not be able to use HRA funds to pay for them.

Some groups have an HRA that will pay for both prescription and medical expenses. Such an HRA can be used to pay for Preventive Drugs but these payments will not be credited towards the deductible.



**A plan for life.**